

Handout 1: Key rights related to income security

Key articles in international and regional human rights law

Right	UDHR	ICCPR	ICESCR	CEDAW	ICMW	CRPD	IAC	AUP
Social protection/ social security	22		9	11	27	28 §2	17	7
Adequate standard of living, including housing and food	25		11	14 §2(h)		28 §1	24	
Work and access to the labour market (including just and favourable conditions of work)	23		6, 7	11	25	27	18	6
Property	17			15 §1, 16 §1(h)	15	12 §5	23	
Non-discrimination	2, 7	2, 3, 26	2, 3	2, 11, 13	7	5, 6	5	3, 6

UN Treaty Body guidance

- CESCR General Comment No. 4: the right to adequate housing
- [CESCR General Comment No. 6: the economic, social and cultural rights of older persons](#)
- CESCR General Comment No. 12: the right to adequate food
- [CESCR General Comment No. 19: the right to social security](#)
- [CESCR General Comment No. 20: non-discrimination in economic, social and cultural rights](#)
- [CESCR General Comment No. 23: the right to just and favourable conditions of work](#)
- [CEDAW General Recommendation No. 13: equal remuneration for work of equal value](#)
- [CEDAW General Recommendation No.27: older women and protection of their human rights](#)
- [CEDAW General Recommendation No. 29: economic consequences of marriage, family relations and their dissolution](#)

Handout 2: Key rights related to health

Key articles in international and regional human rights law

Right	UDHR	ICCPR	ICESCR	CEDAW	OP-CAT	CRPD	IAC		AUP
Health	25		12				19		15
Independent living		9.1			1	19	12		10 & 11
Palliative care			12				6,11,12 & 19		11
Informed consent to health care							11		
Die with dignity			GC 14				6		
Equality and non-discrimination	2	2, 26	2	2		5	5		3
Freedom from violence, abuse and neglect						16	9		8 & 9
Participation	21, 27	25		7		29,30	8 & 27		17
Social protection/social security	22		9	11		28	17		7

UN Treaty Body guidance

- [CESCR General Comment No. 14](#): the Right to the Highest Attainable Standard of Health
- [CESCR General Comment No. 6](#): the Economic, Social and Cultural Rights of Older Persons
- [CESCR General Comment No. 19](#): the right to social security
- [CEDAW General Recommendation No.27](#): older women and protection of their human rights

- [CEDAW General Recommendation No.19](#): violence against women

Handout 3: Key rights related to inclusion & participation

Key articles in international and regional human rights law

Right	UDHR	ICCPR	ICESCR	CEDAW	CRPD	IAC	AUP
Participation	21, 27	25		7	29,30	8,27	17
Freedom of expression, opinion and access to information	19	19			21	14	
Freedom of association	20	21, 22				28	
Autonomy and independence	6, 12	16, 17.1			5.1, 12 22.1 & 23.1	7	5
Equal recognition before the law	6	16		15	5.1 & 12	30	4
Equality and non-discrimination	2	2, 26	2	2	5	5	3
Access to justice	6, 8, 9, 10 & 11	2, 14, 15 & 16			5, 12 & 13	31	4
Education and lifelong learning	25		13	10	24	20	16

UN Treaty Body guidance

- [HRC General Comment No. 25](#): the right to participate in public affairs, voting rights and the right of equal access to public service

- [CESCR Committee General Comment No. 21](#): the right of everyone to take part in cultural life
- [CRPD Committee General Comment No. 2](#): accessibility
- [CRPD Committee General Comment No. 5](#): the right to live independently and be included in the community

Handout 4: Key rights related to situations of conflict and disaster

Key articles in international and regional human rights law

Right	UDHR	ICCPR	ICESCR	CEDAW	CRPD	IAC	AUP
Situations of risk and humanitarian emergencies					11	29	14
Life	3	6			10	6	
Health	25		12				19
Nationality and freedom of movement	13, 15	12		9	18	15	
Freedom from violence, abuse and neglect					16	9	8, 9
Participation	21 & 27	25		7	29 & 30	8 & 27	17
Access to justice	6, 8, 9, 10 & 11	2, 14, 15 & 16			5, 12 & 13	31	4
Housing (adequate standard of living)	25.1		11.1	14	2 & 9	24	
Food (adequate standard of living)	25		11		28		

Water and sanitation (adequate standard of living)			11.1				
Prohibition of torture, inhuman or degrading treatment*	5	7			10	6	

* The prohibition of torture, inhuman or degrading treatment or punishment is also guaranteed in the UN Convention against Torture.

*Right to water recognised in [UN General Assembly resolution 64/292](#), 2010

*Right to sanitation recognised in [UN General Assembly resolution 70/169](#), 2015

UN Treaty Body guidance

- CESCR General Comment 15: the right to water
- For other relevant rights see General Comments in Handout 1-3

Handout 5: Key rights related to climate change

Key articles in international and regional human rights law

Right	UDHR	ICCPR	ICESCR	CEDAW	CRPD	IAC	AUP
Situations of risk and humanitarian emergencies					11	29	14
Life	3	6			10	6	
Health	25		12				19
Freedom from violence, abuse and neglect					16	9	8, 9
Access to information							
Participation	21 & 27	25		7	29 & 30	8 & 27	17
Access to justice	6, 8, 9, 10 & 11	2, 14, 15 & 16			5, 12 & 13	31	4
Housing (adequate standard of living)	25.1		11.1	14	2 & 9	24	
Food (adequate standard of living)	25		11		28		
Water and sanitation (adequate standard of living)			11.1				
Clean, healthy and sustainable environment							

UN Human Rights Body reports

- OHCHR report
- IE report
- Also see General Comments in Handout 1-4

Handout 6: Group exercise

What should be included in the UN Convention on the Rights of Older Persons?

Older persons should be defined as: ...

The general principles of the Convention should include: ...

To tackle ageism, the Government should have to: ...

There should be a specific right on:

...

...

...

...

...

Handout 7: Quiz

Question 1. A binding treaty on the human rights of older persons exists in which of the following regions?

- Africa
- Americas
- Arab region
- Europe
- South-East Asia

Question 2. True or false? Older persons have the right to make their own decisions about their health and care, unless they live in residential care facilities.

- True
- False

Question 3. Older people have the right to participate in public and political life. This means that:

- They have the right to vote and be elected.
- They have the right to participate in the development and implementation of policies.
- They have the right to equal access to public service positions.
- All of the above

Question 4. While human rights apply in situations of conflict, Governments can derogate from all of them in situations of emergency.

- True
- False

Question 5. What are some of the reasons that older people's rights are not adequately protected? Select all the correct answers.

- Ageism affects laws and policies.
- Older people do not face as many challenges as other marginalised groups.
- There is no clear prohibition of age discrimination in human rights law.
- There is no specific human rights monitoring body for older people.

Question 6. True or false? A new UN Convention can help change the way we think about ageing and older people.

- True
- False