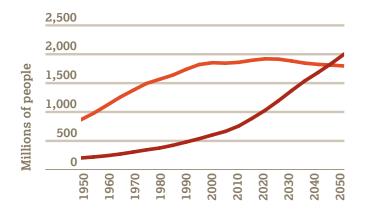
The world is getting older.

By 2045, there will be more adults over 60 than children under 15.



Age 0-14 Age 60+

HelpAge International All human beings are born free and equal in

dignity and rights.

Universal Declaration of Human Rights (1948), Article 1

Human rights apply to everyone, whatever their age.

An older world

is a world of opportunity

The prospect of an ageing world worries many. but there are solutions. The way forward is to

involve older people.

"I've been living in rubble since the earthquake. But thanks to my grant, I can make a small income selling peanut butter sandwiches."

Elisna, 85, Haiti

Three-quarters of the world's older people live in areas affected by natural disasters or conflict.

With help, they can rebuild their lives, and use their rich life experience to contribute to their communities too.

"Our son is too ill to work. But our pension means my wife and I can look after him, and pay for his travel to hospital."

age helps

Krishna, 75, Nepal

Give an older person a secure income and basic healthcare, and they spread the benefits to every generation.

In the last five years, non-contributory pension schemes have lifted 13 million older people out of poverty but there's still a long way to go.

Age helps. Join us.

www.helpage.org







